## **Restricted Goods - USA**

USA FDA – if shipping to the USA please ensure if you are shipping material that is either applied to the body or ingested to the body that you have the necessary Food and Drug administration authorisations (FDA.GOV). Examples (Not all inclusive list) of products that will require FDA approval:

- Dietary supplements and dietary ingredients.
- Infant formula (baby food).
- Beverages including alcoholic beverages and bottled water.
- Fruits and vegetables.
- Fish and seafood.
- Dairy products and shell eggs.
- Raw agricultural commodities for use as food or components of food.
- Canned and frozen foods.
- Live food animals.
- Bakery goods, snack foods, sweets and chewing gum.
- Animal feed and pet food.
- Pharma products.

